

**ST. MATTHEW'S  
EPISCOPAL CHURCH**  
Enid, Oklahoma



**First Sunday in Lent  
Holy Eucharist  
Rite One**

Sunday, March 6, 2022

# The Word of God

## GREAT LITANY (BCP) (BCP p. 148)

*All stand.*

O God the Father, Creator of heaven and earth,  
*Have mercy upon us.*

O God the Son, Redeemer of the world,  
*Have mercy upon us.*

O God the Holy Ghost, Sanctifier of the faithful,  
*Have mercy upon us.*

O holy, blessed, and glorious Trinity, one God,  
*Have mercy upon us.*

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us for ever.

*Spare us, good Lord.*

From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation,

*Good Lord, deliver us.*

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,

*Good Lord, deliver us.*

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,

*Good Lord, deliver us.*

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,

*Good Lord, deliver us.*

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,

*Good Lord, deliver us.*

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,

*Good Lord, deliver us.*

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,

*Good Lord, deliver us.*

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,

*Good Lord, deliver us.*

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

*Good Lord, deliver us.*

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

*We beseech thee to hear us, good Lord.*

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,

*We beseech thee to hear us, good Lord.*

That it may please thee to bless and keep all thy people,

*We beseech thee to hear us, good Lord.*

That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom,

*We beseech thee to hear us, good Lord.*

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,

*We beseech thee to hear us, good Lord.*

That it may please thee to bring into the way of truth all such as have erred, and are deceived,

*We beseech thee to hear us, good Lord.*

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,

*We beseech thee to hear us, good Lord.*

That it may please thee so to rule the hearts of thy servants, the President of the United States (or of this nation), and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,

*We beseech thee to hear us, good Lord.*

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,

*We beseech thee to hear us, good Lord.*

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,

*We beseech thee to hear us, good Lord.*

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,

*We beseech thee to hear us, good Lord.*

That It may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,

*We beseech thee to hear us, good Lord.*

That it may please thee to preserve all who are in danger by reason of their labor or their travel,

*We beseech thee to hear us, good Lord.*

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,

*We beseech thee to hear us, good Lord.*

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,

*We beseech thee to hear us, good Lord.*

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,

*We beseech thee to hear us, good Lord.*

That it may please thee to have mercy upon all mankind,

*We beseech thee to hear us, good Lord.*

That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,

*We beseech thee to hear us, good Lord.*

That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts,

*We beseech thee to hear us, good Lord.*

That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

*We beseech thee to hear us, good Lord.*

That it may please thee to grant to all the faithful departed eternal life and peace,

*We beseech thee to hear us, good Lord.*

That it may please thee to grant that, in the fellowship of [*name(s)* and] all the saints, we may attain to thy heavenly kingdom,

*We beseech thee to hear us, good Lord.*

Son of God, we beseech thee to hear us.

*Son of God, we beseech thee to hear us.*

O Lamb of God, that takest away the sins of the world,

*Have mercy upon us.*

O Lamb of God, that takest away the sins of the world,

*Have mercy upon us.*

O Lamb of God, that takest away the sins of the world,

*Grant us thy peace.*

O Christ, hear us.

*O Christ, hear us.*

Lord, have mercy upon us.

*Christ, have mercy upon us.*

Lord, have mercy upon us.

### **THE COLLECT OF THE DAY (BCP p. 325)**

*Celebrant*           The Lord be with you.

*People*             And with thy spirit.

*Celebrant*           Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

## The Lessons

### FIRST READING: Deuteronomy 26:1-11

*The people sit.*

A Reading from the book of Deuteronomy.

<sup>1</sup>When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, <sup>2</sup>you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. <sup>3</sup>You shall go to the priest who is in office at that time, and say to him, “Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us.” <sup>4</sup>When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, <sup>5</sup>you shall make this response before the LORD your God: “A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. <sup>6</sup>When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, <sup>7</sup>we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. <sup>8</sup>The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; <sup>9</sup>and he brought us into this place and gave us this land, a land flowing with milk and honey. <sup>10</sup>So now I bring the first of the fruit of the ground that you, O LORD, have given me.” You shall set it down before the LORD your God and bow down before the LORD your God. <sup>11</sup>Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

*Reader*            The Word of the Lord.

*People*            Thanks be to God.

*Silence may follow.*

### PSALM: Psalm 91:1-2, 9-16

*Remain seated.*

<sup>1</sup>He who dwells in the shelter of the Most / High, \*  
 abides under the shadow of the Al/mighty.  
<sup>2</sup>He shall say to the LORD,  
 “You are my refuge and my / stronghold, \*  
 my God in whom I put my / trust.”  
<sup>9</sup>Because you have made the LORD your / refuge, \*  
 and the Most High your habi/tation,  
<sup>10</sup>There shall no evil happen to / you, \*  
 neither shall any plague come near your / dwelling.  
<sup>11</sup>For he shall give his angels charge / over you, \*  
 to keep you in all your / ways.  
<sup>12</sup>They shall bear you in their / hands, \*  
 lest you dash your foot against a / stone.  
<sup>13</sup>You shall tread upon the lion and the / adder; \*  
 you shall trample the young lion and the serpent under your / feet.  
<sup>14</sup>Because he is bound to me in love,  
 therefore will I de/liver him; \*  
 I will protect him, because he knows my / Name.  
<sup>15</sup>He shall call upon me, and I will / answer him; \*  
 I am with him in trouble;  
 I will rescue him and bring him to / honor.  
<sup>16</sup>With long life will I / satisfy him, \*  
 and show him my sal/vation.

## **SECOND READING: Romans 10:8b-13**

*The people sit.*

A Reading from Paul's letter to the Church in Rome.

<sup>8b</sup>“The word is near you,  
 on your lips and in your heart”  
 (that is, the word of faith that we proclaim); <sup>9</sup>because if you confess with your lips that Jesus is  
 Lord and believe in your heart that God raised him from the dead, you will be saved. <sup>10</sup>For one  
 believes with the heart and so is justified, and one confesses with the mouth and so is saved.  
<sup>11</sup>The scripture says, “No one who believes in him will be put to shame.” <sup>12</sup>For there is no  
 distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call  
 on him. <sup>13</sup>For, “Everyone who calls on the name of the Lord shall be saved.”

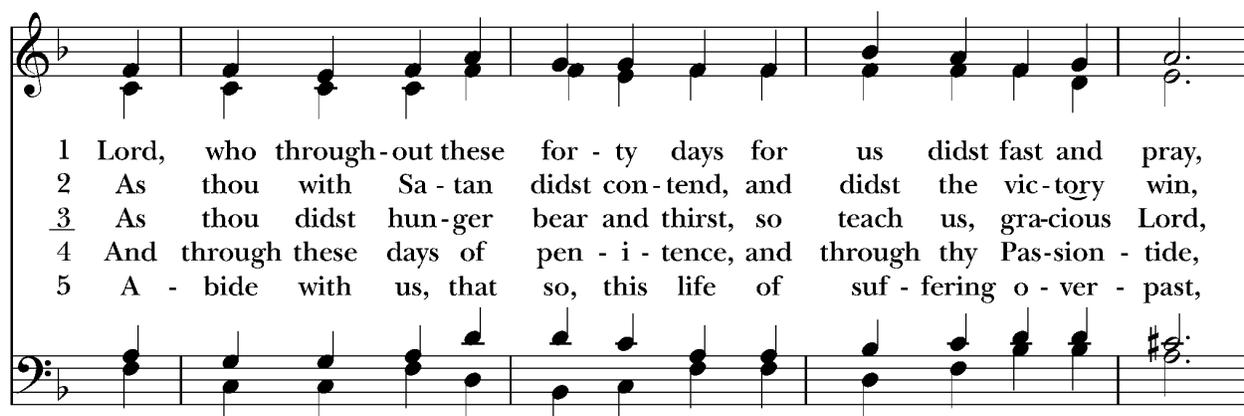
*Reader*            The Word of the Lord.

*People*            Thanks be to God.

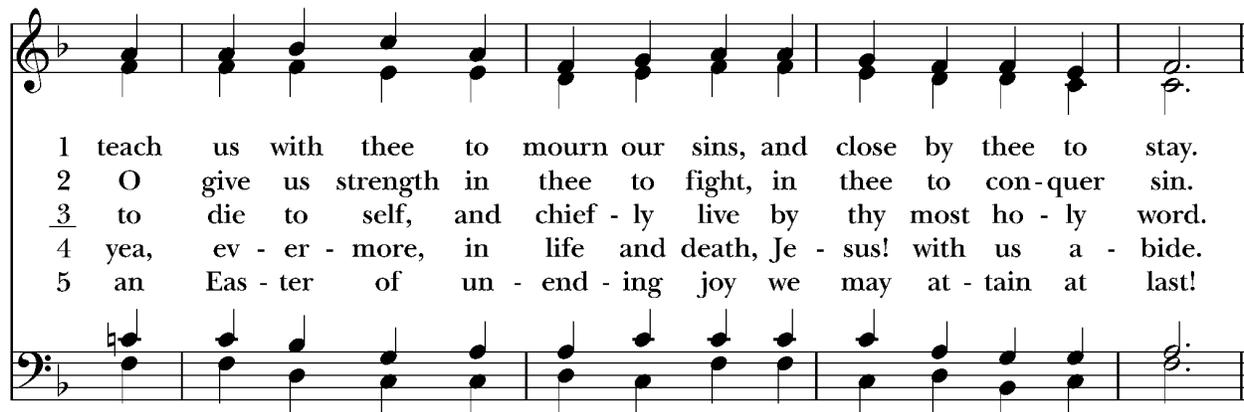
*Silence may follow.*

SEQUENCE HYMN *Lord, who throughout these forty days (St. Flavian) (H 142)*

*All stand.*



1 Lord, who through-out these for - ty days for us didst fast and pray,  
2 As thou with Sa - tan didst con-tend, and didst the vic-tory win,  
3 As thou didst hun-ger bear and thirst, so teach us, gra-cious Lord,  
4 And through these days of pen - i - tence, and through thy Pas-sion - tide,  
5 A - bide with us, that so, this life of suf - fering o - ver - past,



1 teach us with thee to mourn our sins, and close by thee to stay.  
2 O give us strength in thee to fight, in thee to con-quer sin.  
3 to die to self, and chief - ly live by thy most ho - ly word.  
4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.  
5 an Eas - ter of un - end - ing joy we may at - tain at last!

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**GOSPEL: Luke 4:1-13**

*All stand.*

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Luke.

*People* Glory be to thee, O Lord.

[After his baptism,] <sup>1</sup>Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, <sup>2</sup>where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. <sup>3</sup>The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” <sup>4</sup>Jesus answered him, “It is written, ‘One does not live by bread alone.’”

<sup>5</sup>Then the devil led him up and showed him in an instant all the kingdoms of the world. <sup>6</sup>And the devil said to him, “To you I will give their glory and all this authority; for it has been given

over to me, and I give it to anyone I please. <sup>7</sup>If you, then, will worship me, it will all be yours.”

<sup>8</sup>Jesus answered him, “It is written,

‘Worship the Lord your God,  
and serve only him.’”

<sup>9</sup>Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down from here, <sup>10</sup>for it is written,

‘He will command his angels concerning you,  
to protect you,’

<sup>11</sup>and

‘On their hands they will bear you up,  
so that you will not dash your foot against a stone.’”

<sup>12</sup>Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’” <sup>13</sup>When the devil had finished every test, he departed from him until an opportune time.

*Deacon*                      The Gospel of the Lord.

*People*                        Praise be to thee, O Christ.

## **THE SERMON: THE REV. DR. JOHN TOLES**

### **THE NICENE CREED (BCP p. 327)**

*All stand.*

I believe in one God,  
    the Father Almighty,  
    maker of heaven and earth,  
    and of all things visible and invisible;  
And in one Lord Jesus Christ,  
    the only-begotten Son of God,  
    begotten of his Father before all worlds,  
    God of God, Light of Light,  
    very God of very God,  
    begotten, not made,  
    being of one substance with the Father;  
    by whom all things were made;  
    who for us men and for our salvation  
        came down from heaven,  
    and was incarnate by the Holy Ghost of the Virgin Mary,  
        and was made man;  
    and was crucified also for us under Pontius Pilate;  
    he suffered and was buried;

and the third day he rose again according to the Scriptures,  
and ascended into heaven,  
and sitteth on the right hand of the Father;  
and he shall come again, with glory,  
to judge both the quick and the dead;  
whose kingdom shall have no end.

And I believe in the Holy Ghost the Lord, and Giver of Life,  
who proceedeth from the Father and the Son;  
who with the Father and the Son together is worshiped  
and glorified;  
who spake by the Prophets.  
And I believe one holy catholic and apostolic Church;  
I acknowledge one Baptism for the remission of sins;  
and I look for the resurrection of the dead,  
and the life of the world to come. Amen.

### **THE PRAYERS OF THE PEOPLE (BCP p. 328)**

*All remain standing.*

Let us pray for the whole state of Christ's Church and the world.

*After each paragraph of this prayer, the People may make an appropriate response, as directed.*

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers. In the Anglican Cycle of Prayer we pray for the The Anglican Church of Korea. In the Diocesan Cycle of Prayer we pray for Santa Maria Virgen, Oklahoma City and Santa Maria Mission in Uruguay. We pray also for Justin, Archbishop of Canterbury; Michael, our Presiding Bishop; Poulson, our Bishop of Oklahoma, and John, our Rector, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. In our community of St. Matthew's we pray for Karen Naugle, Doug & Lawana Newell, and Paula Nightengale.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land especially Joe, our President; Kevin, our Governor; George, our Mayor; Jerald, our City Manager; and Jay, our Base Commander, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those that we now name [pause] and all those who in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of The Blessed Virgin Mary, Blessed Matthew, and all thy saints, that with them we may be partakers of thy heavenly kingdom.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate.  
*Amen.*

### **CONFESSION OF SIN (BCP p. 330)**

*The Deacon or Celebrant says*

Ye who do truly and earnestly repent you of your sins, and are in love and charity with your neighbors, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and make your humble confession to Almighty God, devoutly kneeling.

*Silence may be kept.*

*Minister and People*

Almighty God,  
Father of our Lord Jesus Christ,  
maker of all things, judge of all men:  
We acknowledge and bewail our manifold sins  
and wickedness,  
which we from time to time most grievously have committed,  
by thought, word, and deed, against thy divine Majesty,  
provoking most justly thy wrath and indignation against us.  
We do earnestly repent,  
and are heartily sorry for these our misdoings;  
the remembrance of them is grievous unto us,  
the burden of them is intolerable.  
Have mercy upon us,  
have mercy upon us, most merciful Father;  
for thy Son our Lord Jesus Christ's sake,  
forgive us all that is past;  
and grant that we may ever hereafter  
serve and please thee in newness of life,  
to the honor and glory of thy Name;

through Jesus Christ our Lord. Amen.

*The Priest stands and says*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. *Amen.*

Hear the Word of God to all who truly turn to him.

Come unto me, all ye that travail and are heavy laden, and I will refresh you. *Matthew 11:28*

### **THE PEACE (BCP p. 332)**

*All stand.*

*Celebrant*            The peace of the Lord be always with you.

*People*                And with thy spirit.

*Then the Ministers and the People may greet one another in the name of the Lord.*

## The Holy Communion

### **OFFERTORY SENTENCE (BCP p. 343)**

*The Celebrant says*

Offer to God a sacrifice of thanksgiving, and make good thy vows unto the Most High.  
*Psalms 50:14*

### **OFFERTORY HYMN    *Out of the Depths* by Thomas Keesecker**

Type: Words and Music

Language: English

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Contributors: Thomas Keesecker

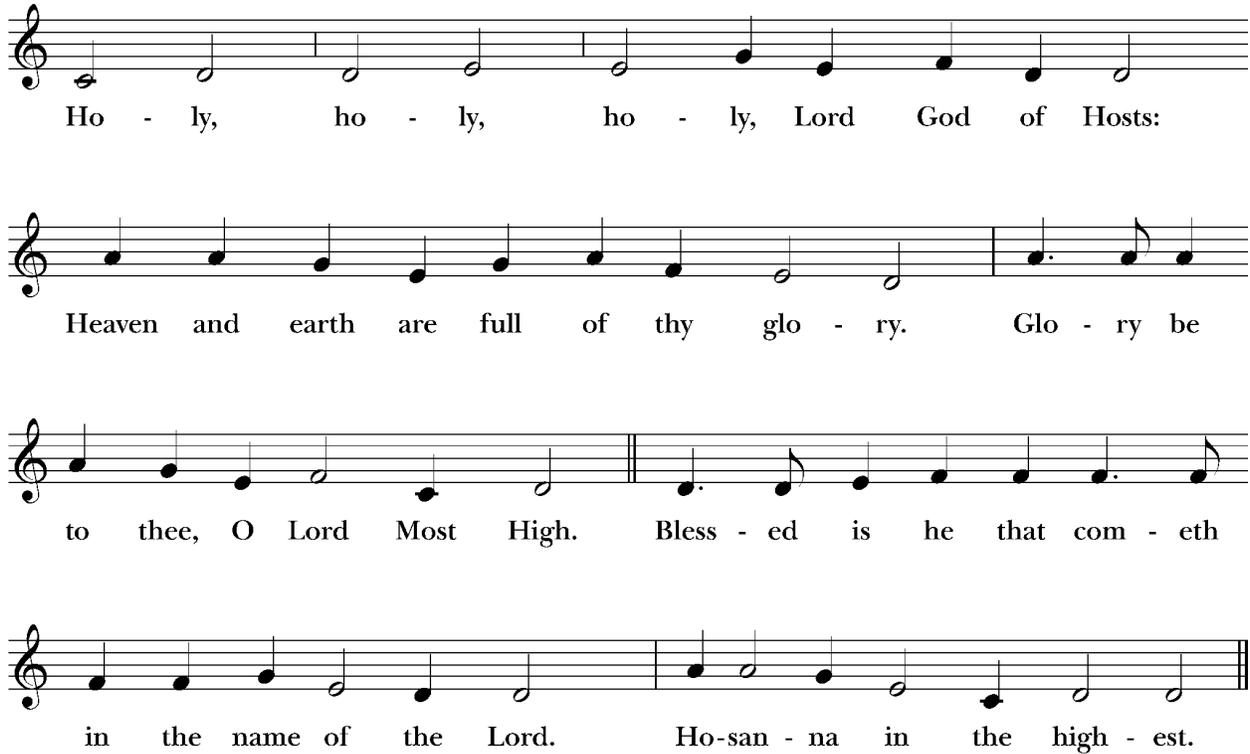
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## The Great Thanksgiving

### **SURSUM CORDA *S 112 Lift up your hearts* (BCP p. 333)**

*The People remain standing.*





Ho - ly, ho - ly, ho - ly, Lord God of Hosts:  
 Heaven and earth are full of thy glo - ry. Glo - ry be  
 to thee, O Lord Most High. Bless - ed is he that com - eth  
 in the name of the Lord. Ho-san - na in the high - est.

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### **WORDS OF INSTITUTION (BCP p. 334)**

*The people kneel or stand.*

*Then the Celebrant continues*

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. *AMEN.*

### **THE LORD'S PRAYER (BCP p. 336)**

*The Celebrant then continues*

And now, as our Savior Christ hath taught us, we are bold to say,

*People and Celebrant*

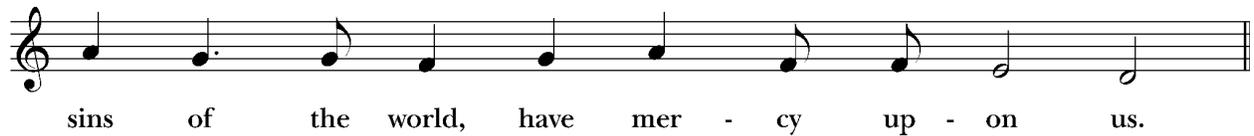
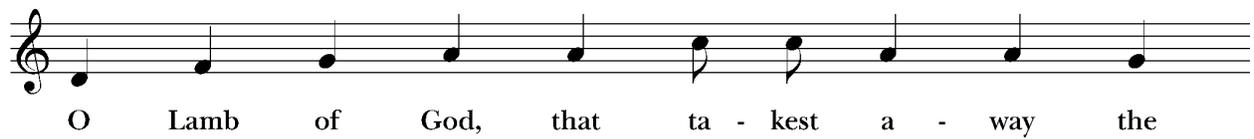
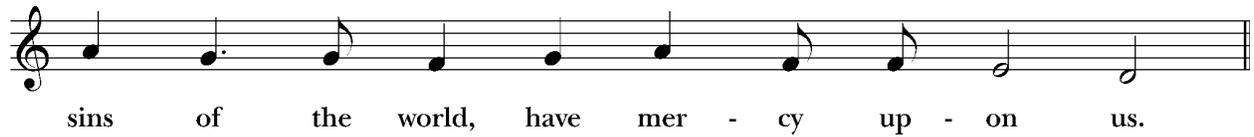
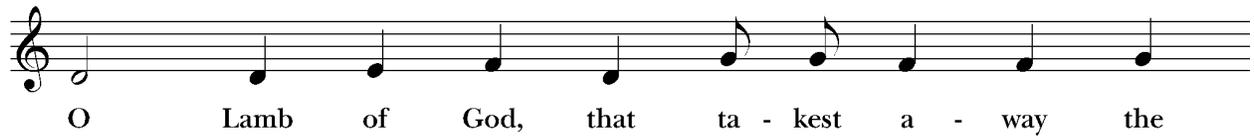
Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.

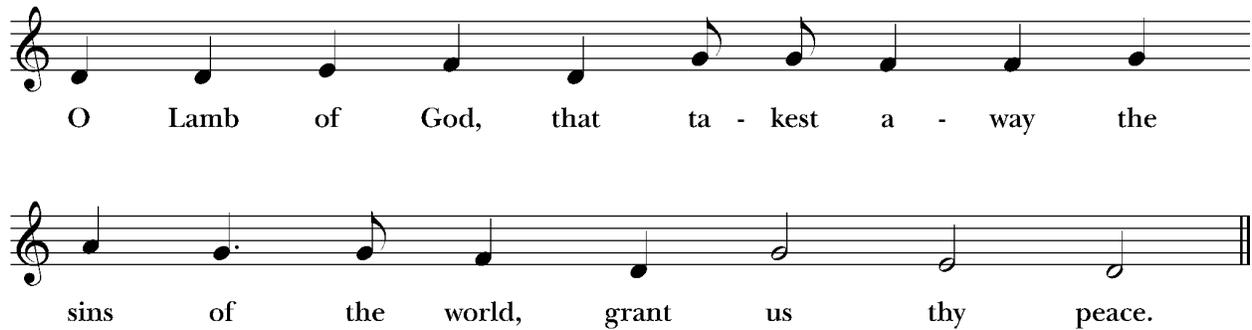
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

## The Breaking of the Bread

Christ our Passover is sacrificed for us;  
*therefore let us keep the feast.*

### FRACTION ANTHEM S 157 *O Lamb of God (Merbecke)* (BCP p. 337)





Type: Music; First Line: O Lamb of God

Language: English

Contributors: John Merbecke

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### **PRAYER OF HUMBLE ACCESS (BCP p. 337)**

*The following prayer may be said. The People may join in saying this prayer*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen.*

### **INVITATION (BCP p. 338)**

*The Celebrant says*

The Gifts of God for the People of God.

### **DISTRIBUTION (BCP p. 338)**

*The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.*

*The Bread and the Cup are given to the communicants with these words*

The Body of our Lord Jesus Christ, which was given for thee, preserve thy body and soul unto everlasting life. Take and eat this in remembrance that Christ died for thee, and feed on him in thy heart by faith, with thanksgiving.

The Blood of our Lord Jesus Christ, which was shed for thee, preserve thy body and soul unto everlasting life. Drink this in remembrance that Christ's Blood was shed for thee, and be thankful.

COMMUNION HYMN *Shepherd of souls, refresh and bless (St. Agnes) (H 343)*

1 Shep - herd of souls, re - fresh and bless thy cho - sen  
2 We would not live by bread a - lone, but by thy  
3 Be known to us in break - ing bread, and do not  
4 Lord, sup with us in love di - vine thy Bo - dy

pil - grim flock with man - na in the  
word of grace, in strength of which we  
then de - part; Sa - vior, a - bid with  
and thy Blood, that liv - ing bread, that

wil - der - ness, with wa - ter from the rock.  
trav - el on to our a - bid - ing - place.  
us, and spread thy ta - ble in our heart.  
heaven - ly wine, be our im - mor - tal food.

Type: Music; First Line: Shepherd of souls, refresh and bless

Contributors: Richard T Proulx

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COMMUNION HYMN *Bless the Lord my soul* (WLP 825)

Bless the Lord my soul and bless God's ho - ly name.

Bless the Lord my soul, Who leads me in - to life.

Type: Words and Music; First Line: Bless the Lord, my soul / Tengo sed de ti

Language: English

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**POST-COMMUNION PRAYER (BCP p. 339)**

*After Communion, the Celebrant says*

Let us pray.

*The People may join in saying this prayer*

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. *Amen.*

**BLESSING (BCP p. 339)**

*The priest blesses the people, saying*

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. *Amen.*

**POST-COMMUNION HYMN *You who dwell in the shelter of the Lord* (WLP 810)**

1. You who dwell in the shel - ter of the Lord, who a -  
2. Snares of the fowl - er will nev - er cap - ture you, and  
3. For to the an - gels God's giv - en a com - mand to

bide in his sha - dow for life, say to the Lord: "My  
fam - ine will bring you no fear; un - der God's wings your  
guard you in all of your ways; up - on their hands they will

ref - uge, my rock in whom I trust!"  
ref - uge with faith - ful - ness your shield.  
bear you up, lest you dash your foot a - gainst a stone.

The first system of the musical score consists of a vocal line and piano accompaniment. The key signature is G major (one sharp). The vocal line is written in a treble clef and features a melody with eighth and quarter notes, some of which are beamed together. The piano accompaniment is written in a grand staff (treble and bass clefs) and provides harmonic support with chords and moving lines in both hands.

*Refrain*

"And I will raise you up on ea - gle's wings,

The second system of the musical score is the refrain, also in G major. It features a vocal line and piano accompaniment. The vocal line is written in a treble clef and consists of a simple melody of quarter and eighth notes. The piano accompaniment is written in a grand staff and provides harmonic support with chords and moving lines in both hands.



bear you on the breath of dawn, make you to shine like the  
 sun,  
 and hold you in the palm of my hand."

**DISMISSAL (BCP p. 340)**

Let us go forth in the name of Christ.

*People* Thanks be to God.